

# Predicting Fiber Breaks and Weak Points

Field Trial of Brillouin-Based Fiber Strain Measurements  
Over Long-Distance Aerial Cables

Aerial cables were characterized using a Brillouin-OTDR. Fiber elongations were measured with 10 m spatial resolution over a 152km cable and a maximal standard deviation of 0.0015%, demonstrating a test solution applicable to most telecom links.

## Introduction

Network operators need a method to proactively anticipate a break in a fiber caused by excessive strain and weakness in a cable. This is caused by weather and geologic conditions that are constantly changing the strain and temperature pressures on fiber cable. Using predictive measurements, a maintenance operations team can preserve the cable by relieving the strain or replace it proactively before transmission is lost. All-dielectric cabling solutions have been spreading fast in optical fiber networks over the recent years. Compared to metal-armoured cables, they cumulate the advantages of lower cost, lower weight, easier handling, while not requiring grounding. Yet, a lighter structure often means a lower mechanical protection and one should assess the applicability of these cables to the most demanding environments. For a fair comparison, Rostelecom has installed ADSS and OPGW ten years ago, in the north of Irkutsk. In that region, the temperature ranges from  $-57^{\circ}\text{C}$  to  $+40^{\circ}\text{C}$  and in cases a 10 cm layer of ice may accumulate as on Picture 1-a. Over time, the cable structure may be delaminated as observable on Picture 1-b.

With a fragilized cable structure, the inner fiber elongations can be way above the maximal value of 0.2% recommended by fiber manufacturers. Still, with the advent of bend insensitive fibers, the loss incurred may remain moderate and the data transmission operate without fault. This must not hide the fact that the fiber glass structure is not any stronger mechanically and is still likely to break at a 4% elongation. If fiber losses are no longer affected by critical levels of strain, then the traditional troubleshooting techniques shall be reconsidered.



Picture 1a: Ice Formation



Picture 1b: Broken strength members

The Brillouin spectral analysis is the sole optical characterization method capable of providing accurate distributed elongation measurements. It is well-known that the Brillouin scattering interaction has a resonant frequency that depends linearly on fiber elongation and this measurement is now widely used for fiber sensing purposes. The main difficulty with the telecom links is that they commonly exceed 100 km, while a high spatial resolution is also expected to catch every strain event.

A first measurement method that may be applied is called Brillouin Optical Time Domain Analysis (B-OTDA). While this configuration provides the strongest signals thanks to a stimulated interaction, it is limited in distance reach due to the requirement of a loop configuration. In practice, the longest distances covered would correspond to a maximal one-way link of 80 km<sup>1,2</sup>. Longer distances were achieved by adding optical amplifiers distributed on the line<sup>3,4</sup>, but the maximal distance of 75km between amplifiers would not be applicable on a telecom link, not to mention the complicated non-local effects over such distances<sup>5</sup>. The B-OTDA does not scale to typical telecom cable installations and cannot be practically inserted to acquire a measurement without tapping the cable that exceeds 80 km.

The second solution is Brillouin Optical Time Domain Reflectometry (B-OTDR), it uses a single probe signal, launched from one side of a fiber link. B-OTDR acquires the spontaneously backscattered Brillouin light as would a regular OTDR with Rayleigh scattering. The advantage of this configuration is evident when addressing a link with a too high budget loss or even a break: the B-OTDR will always provide information on accessible sections. The record of distance covered in a laboratory experiment was 150 km, using a combination of coherent detection and Raman amplification<sup>6</sup>, but the 50 m spatial resolution and the measurement accuracy at distal end would not be sufficient. Inline optical amplifier had also been proposed for B-OTDR<sup>7</sup>, but again this would not be applicable to telecom links.



OneAdvisor 1000 DTSS -  
Distributed Temperature and  
Strain Sensing

In this paper, we report on a novel implementation of a coherent Brillouin OTDR, integrated into a battery-operated field-deployable instrument (OneAdvisor 1000 DTSS). A first prototype for the VIAVI B-OTDR was used to characterize an installed aerial link of 152 km and 34 dB total budget loss with a 10m spatial resolution. It requires two OTDR acquisitions taken from both ends of the link, but we claim this is the sole technique that is able to cover the distances of installed telecommunication lines.

## Experimental Setup

Our instrument uses coherent detection to selectively detect either the Rayleigh or the Brillouin spectral components of the backscattered signals. The instrument can produce regular OTDR traces for loss characterizations, exploit the Brillouin frequency shift information for strain determination (assuming a constant temperature), and it also uses the Landau-Placzek Ratio (LPR) for an independent determination of both temperature and strain<sup>8</sup>. Thus the user has at his disposal three types of OTDR measurements: signal loss, strain and temperature to determine the health of the fiber under test.

## Results

During this test campaign, 7 fibers were tested from three sites of Ust-Kut, Kirenga and Severobaikalsk, cumulating 23 complete Rayleigh and Brillouin OTDR acquisitions, most being bidirectional. Our main results are displayed on figures 1-3.

Figure 1 shows the strain as function of distance for the line from Ust Kut to Kirenga. It consists of two acquisitions from both ends, the trace from Kirenga being reverted, so to show the complete link and the good match at the midway point of the link. The succession of plateau – each having a particular frequency shift – is typical of an aerial cable installation, where assembled cable sections are never any longer than 15 km, with each cable containing several fibers from different batches. Actually, the change of Brillouin frequency shift is often easier to detect than the splice attenuation on the OTDR trace and this may be exploited. Brillouin frequency shift for a given fiber type may vary by  $\pm 20$  MHz around nominal value depending of the fiber batch<sup>9</sup>, which converts into  $\pm 0.04\%$  elongations. This brings a substantial uncertainty if one were to apply strictly the manufacturer's recommendation of a maximal 0.2% elongation. In that case, one would have to locate and quantify a strain event as a relative deviation from the surrounding plateau, and that would complicate the analysis. However, with the practical experience of an aerial network operated under extreme conditions, one is forced to tolerate strain events up to 3% for short durations. Assuming a combination of fibers that is as homogeneous as the one of figure 1, one may neglect these fiber-related changes, and let the instrument decide automatically whether the cable passes criteria based on a fixed absolute threshold.

The instrument-related uncertainties can be evaluated from the standard deviations on the various plateau without events of the acquisition, these are typically of 0.0006%, and up to 0.0015% at the central junction point after a 17 dB link attenuation.

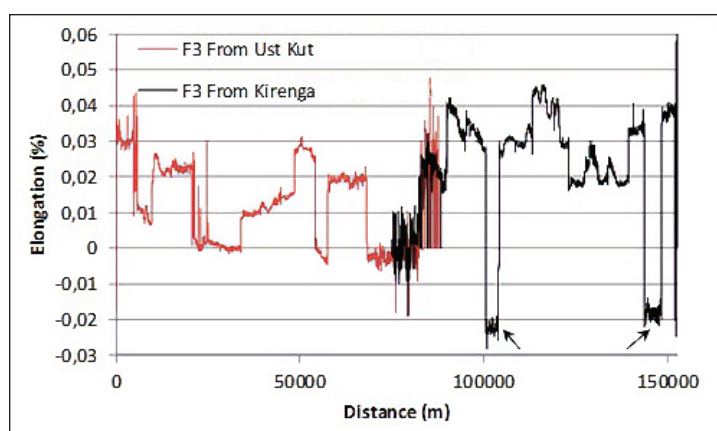


Figure 1: Bi-directional strain measurement over 152 km with 100 ns pulse, arrows indicate sections of first generation SMF28e+.

Many of the strain profiles exhibit trains of peaks with a characteristic periodicity of 350 to 500 m which is the distance between towers. Peak amplitude is typically 0.01%, with a highest level of 0.03%. These rather small values were reassuring on the current condition of the link.

One must note that events spread over fiber ranges from 150 to 400 m and that measurements took place in October. Presumably strain reaches higher levels and gets more localized with ice loads, while during the summer strain gets released and spreads spatially thanks to the cable movements and thermal cycles. Nevertheless, details of the acquisitions presented are sufficiently resolved to highlight the cable weaknesses even during the summer period.

Figure 2 is an instrument screenshot of a strain event showing two superimposed acquisitions taken with 100 ns and 200 ns pulses. While accuracy and reach are benefiting from the smoothing effect and the higher energy of a longer pulse, it obviously erases fastest details. One shall always use the best possible spatial resolution since the extent of events depends on many parameters (distribution of the load, exact cable structure and installation, gel used, etc.).

The Brillouin spectra also allows to recognize fiber type<sup>9</sup>, Figure 3 shows a dual-mode spectrum typical of the first generation of SMF28e+. That fiber was used at the occasion of repairs while a regular single-peak SMF28e had been used at installation time.

A measurement campaign such as described would only be the first step in the maintenance cycle of the cable, which may be conducted at installation or at the occasion of a troubleshooting. All subsequent measurements may be repeated the same way, but it would be recommended to use the first measurement as a reference, and produce relative data. This would remove the problem of different fibers with different frequency shifts all along the link. With the extra information brought by the LPR, our instrument can also account for the seasonal temperature variations between the two measurements. This would gain further in accuracy compared with a measurement solely based on the Brillouin Frequency Shift, and for which a  $\pm 0.1\%$  variation is expected over the temperature range. With a relative and temperature compensated measurement, it becomes straightforward to pinpoint the smallest evolution of the strain, using an alarm threshold that can be set to a very low value down to the instrument repeatability.

## Conclusions

While B-OTDR technology has been available for a long time, we demonstrated the first field deployable instrument, that has a sufficient dynamic range to cover the distances of telecom links. Using our prototype, we demonstrated proper operation over a 152 km link. Our lab tests show that 200 km is accessible with a 400 ns pulse width (40 m spatial resolution). By the time of writing this paper, the development was completed to include relative measurements, thermal compensation, and all the required features to fully exploit the potential of the instrument directly on site.

This solution is commercially available in a battery powered portable solution ([OneAdvisor 1000 DTSS](#)) for routine spot checks and maintenance or as a rack mounted solution ([FTH-DTSS](#)) for on-going monitoring and fiber health analytics as part of the [ONMSi Optical Network Management System](#).

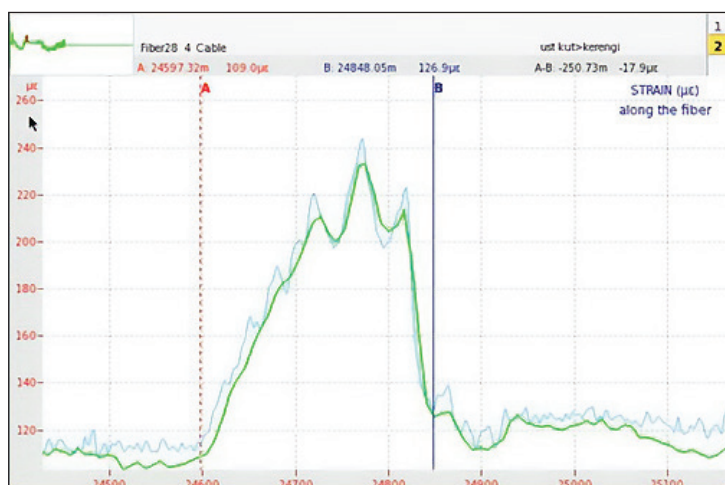


Figure 2: Strain event recorded with 100 ns (Blue) and 200 ns (Green) pulses.

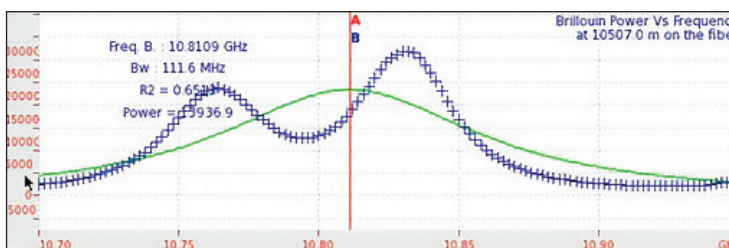


Figure 3: Dual-mode Brillouin spectrum of SMF28e

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